

CONRAD® SPA

MALDIVES  
RANGALI ISLAND

# CONRAD SPA

MALDIVES  
RANGALI ISLAND

## SIGNATURE COUPLE'S TREATMENTS

Art of Love	180mins	\$689 per couple
Allure	120mins	\$599 per couple
Maldivian Indigenous Treatment	90mins	\$458 per couple

## CHAKRA COLOUR RITUALS

Orange Energizing	120mins	\$658 per couple
Green Harmonizing	120mins	\$658 per couple
Blue Deep Purifying	120mins	\$658 per couple
Indigo Oriental Detox	120mins	\$658 per couple
Violet Regenerating	120mins	\$658 per couple

## PERSONALIZED COUPLE'S MASSAGE

Aromatherapy Massage	60mins / 90mins	\$359 / \$429 per couple
Deep Tissue	60mins / 90mins	\$359 / \$429 per couple
Swedish Massage	60mins / 90mins	\$359 / \$429 per couple
Shiatsu	60mins / 90mins	\$339 / \$419 per couple
Traditional Thai Massage	60mins / 90mins	\$339 / \$419 per couple
Vitality of the body	60mins	\$359 per couple
Hot Stones	90mins	\$429 per couple
Thai Herbal Compress Massage	90mins	\$429 per couple

## PERSONALIZED MASSAGE

Aromatherapy Massage	60mins / 90mins	\$189 / \$229 per person
Deep Tissue	60mins / 90mins	\$189 / \$229 per person
Swedish Massage	60mins / 90mins	\$189 / \$229 per person
Shiatsu	60mins / 90mins	\$179 / \$219 per person
Traditional Thai Massage	60mins / 90mins	\$179 / \$219 per person
Four Hand	60mins	\$339 per person
Vitality of the body	60mins	\$189 per person
Hot Stones	90mins	\$229 per person
Thai Herbal Compress Massage	90mins	\$229 per person
Mother to be*	75mins	\$209 per person

## EXCLUSIVE FACIALS BY VALMONT\*

L'Elixir des Glaciers Majestic	90mins	\$459
Anti-wrinkle and Firmness   Summit of the Cervin	90mins	\$299

## SIGNATURE FACIALS BY VALMONT\*

Hydration   Source of Bisses	90mins	\$279
Energy   Vitality of the Glaciers	90mins	\$279
Radiance   Brightness of Ice	90mins	\$279
Purification   Purity of the Alps	75mins	\$189

## BODY TREATMENTS BY VALMONT

Fit and Tone - Peaks of Slimness	60mins	\$189
Marine Detox and Slimming	90mins	\$249

## BODY TREATMENTS AND SCRUBS

After Sun Soother	75mins	\$210
Coconut Revitalizing Polish	30mins	\$79

## ENHANCEMENTS for ANY TREATMENT

Valmont Eye treatment	45mins	\$100
Back Relief	30mins	\$75
Lighter Legs	30mins	\$75
Mini facial	30mins	\$75

# CONRAD SPA

MALDIVES  
RANGALI ISLAND

## FAMILY OFFERINGS

Father and Son	60mins	\$320
Mother and Daughter	60mins	\$320

## ELEMIS FACIALS\*

White Brightening Pigment Perfector	60mins	\$179
Herbal Lavender Repair Facial	60mins	\$145
Exotic Moisture Dew Facial	60mins	\$145
Fruit Active Glow Facial	60mins	\$145

*\*All facials and mother-to-be treatments will take place at the Over Water Spa at the designated Facial Room*

## HOW TO SPA

THE SPA OPERATING HOURS ARE 10.00 - 21.00 DAILY

### MAKING RESERVATIONS

HOW DO I MAKE SPA RESERVATIONS?

Our Spa is very popular with guests and as such we strongly recommend that you book your Spa treatments well in advance. Reservations can be made in person or by dialling The Spa reception on extension 5365.

I AM PREGNANT -WHAT TREATMENTS DO YOU RECOMMEND?

As always, our priority is the safety and well-being of our guests. As such, we do not recommend full body massage in the first trimester of pregnancy and also advise limited body treatments throughout the term of pregnancy. To assist with your choice of available treatments, please contact one of our spa consultants.

WHAT HAPPENS IF I NEED TO CANCEL MY TREATMENT?

If you would like to reschedule or cancel your booking, you can do so at any time subject to providing a minimum of 6 hours' notice. If a cancellation is made less than 6 hours prior to your appointment time, a 50% charge will apply. If there is no notice provided, a full charge will be made for the services reserved.

CAN I HAVE A SPA TREATMENT IN MY VILLA?

Yes, most treatments are available for you to have in the privacy of your own villa. Please ask our spa receptionists which treatments are available. A callout fee will be added to the treatment charge in certain villa categories.

### THE TREATMENT ITSELF

HOW SHOULD I PREPARE FOR MY SPA TREATMENT?

Please shower off any oils and suntan creams prior to your treatment to allow better absorption of the products applied.

I AM A MALE - SHOULD I SHAVE BEFORE MY SPA TREATMENT?

We recommend shaving prior to having a facial for maximum comfort and benefit to the skin.

WHAT DO I NEED TO WEAR?

There is no need to bring or wear any special clothing, as spa wear is provided. Disposable underwear is provided for body treatments.

WHAT TIME SHOULD I ARRIVE FOR MY TREATMENT

Please arrive at the spa a minimum of 15 minutes before your scheduled appointment time - this allows you time to fill out your consultation form, enjoy the ambience and start the relaxation process before your treatment begins.

WHAT HAPPENS IF I'M LATE FOR MY APPOINTMENT?

As a courtesy to all our guests, a prompt appointment schedule is adhered to. Late appointments may not be honored if there is a treatment booked immediately after and will be charged the cancellation fee.

WHAT MEDICAL OR PHYSICAL CONCERNS DO I NEED TO TELL THE THERAPIST?

All first-timers need to fill out a consultation form prior to their treatment - this is to provide you with the best possible experience and to assure your maximum safety and comfort.